

People who will benefit:

- ❖ Persons with disabilities (physically, visually & hearing impaired) People with Disability comprise 10% of India's over 1 billion population.
- ❖ senior citizens
- ❖ pregnant women
- ❖ temporarily injured
- ❖ people with medical problems



Wide doors



Signage

People who can make a difference:

1. Architects
2. Builders
3. Govt Authorities like BMC, Urban Development Department, MSRDC, BEST, MMRDA, Railways, Big Companies etc
4. Lawyers
5. Doctors
6. Others (individuals, parents, associations).

More details on disabled friendly specifications
www.un.org/esa/socdev/enable/design/

Objective:

- ⇒ To bring about necessary changes in our environment, to make it user-friendly.
- ⇒ To make society aware of the effects that barriers have on our lives.
- ⇒ Organize seminars, social events, workshops, give presentations, conduct meetings with concerned people.
- ⇒ Raise awareness and sensitise people.
- ⇒ Conduct access audit.
- ⇒ Network with individuals and other organizations working on similar issues.
- ⇒ Information dissemination on specifications of disabled friendly features for a barrier free environment.

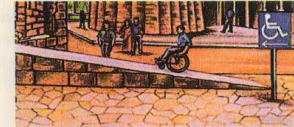
How You Can Help Us

- Notify us about new public places under construction.
- Notify about disabled-friendly places
- By incorporating disabled friendly features in your project
- Share any information pertaining to disability
- Do you have any difficulties with access?? Share it with us
- Join ADAPT

Visual on cover page:

Courtesy National Centre for Promotion of Employment for Disabled People

ACCESS for ALL



a barrier free India

ADAPT

Able Disabled All People Together

The National Resource Centre for Inclusion

K. C. Marg, Bandra Reclamation

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Website: <http://www.ncissi.org/adapt.htm>

Movement is life. Life is a process. Improve the quality of the process and you improve the quality of life itself.

- MOSHE FELDENKRAIS

How does one get to school? How does one get to work? How does one go to a movie? How does one visit a doctor?

These questions are foremost on the minds of people with disability. Even if there is a will there is no way! Design can enable or disable.

ACCESS means a barrier-free physical environment, which takes care of our special needs in moving about and participating in mainstream activities.

ACCESS is part of the ADAPT (Able Disabled All People Together) group that works towards a barrier-free society.

Barriers:

- 1) narrow doors, entrances and corridors
- 2) staircases, steps, marble slabs
- 3) slippery flooring
- 4) cramped spaces



Facilities at a height



Inaccessible toilets

- 5) absence of Braille or audio/visual signals
- 6) inaccessible toilets
- 7) facilities built at certain heights.

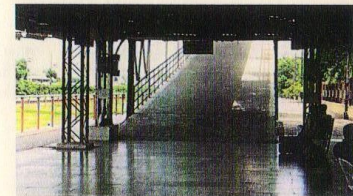
How do these barriers effect day to day life:

- Due to lack of access to schools, colleges and other institutes of education, children find it difficult to pursue studies and or any other such courses.
- Many deserving persons are unable to take up jobs because the workplaces are not designed to accommodate them
- A person gets dependent on others to do his/her banking, shopping etc
- Persons with disabilities cannot enjoy the experience of going to restaurants, parks, museums, libraries, cinema halls, departmental stores etc



Typical situation where a person on a wheelchair cannot negotiate a stair

- Visiting a doctor at a clinic/dispensary for minor problems proves to be a great difficulty.
- Travelling by public transport is not possible due to lack of access and alternate transport like taxis are not economically feasible.

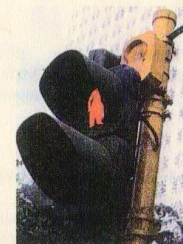


An ideal situation with a ramp

Solutions:

To incorporate disabled friendly features like:

- 1) Braille and audio/visual signals.
- 2) Ramps.
- 3) Lifts.
- 4) Wide doors.
- 5) Appropriate flooring
- 6) Proper spacing area
- 7) Accessible toilets
- 8) Facilities built at lower height



Audio Signal